

EXHIBIT
I AM
WHAT GOD SAYS ABOUT ME

The BE of BE → DO → HAVE

All scripture: King James Version

Before You Speak These

Before you do anything, you must know who you are.

This is not aspiration. This is declaration. Present tense. Already done.

The world teaches HAVE → DO → BE.

When I have the money, I will do the things I want to do, and then I will be happy.
When I have the title, I will do the work that matters, and then I will be somebody.
When I have the weight off, I will do what I have been putting off, and then I will be confident.

Most people are running that sequence, and it rarely completes. The first condition is slow to arrive — and when it finally does, the goalpost has usually moved. That is not always an accident. A man waiting to HAVE before he will BE is a man who can be managed indefinitely.

God's order is the exact reverse. BE → DO → HAVE. Identity first. Action flows from identity. Fruit follows action. You are not waiting on a condition — the condition was settled before the foundation of the world.

Speak these aloud. Words do not merely describe — they bind. When you speak your identity you bind yourself to truth and loose yourself from the lie.

The first ten minutes of your day belong to identity, not activity.

I. Forgiveness First

Something has to unburden the soul before it can receive anything.

You cannot accept what you do not believe you deserve, and most people carry so much guilt — real or manufactured — that they cannot receive their own identity. They believe they disqualified themselves. Forgiveness is already given. You do not earn it. You accept it. Start here or the rest will not hold.

I AM forgiven. I do not carry what has already been paid for.

1 John 1:9 · Colossians 2:14

I AM grateful for the finished work of Christ.

John 19:30 · Hebrews 10:14

I AM free from the weight I was never meant to carry.

Matthew 11:28-30

I AM qualified by the blood of Christ. What God has called clean is clean.

Acts 10:15 · Colossians 1:12

I AM released to receive who God says I AM.

Romans 8:1

II. Who God Made Me

I AM who God says I AM — not who the world says I should be.

Isaiah 43:1

I AM made in the image and likeness of God. I carry His authority by design.

Genesis 1:26-27

I AM not an accident. I AM not a mistake. I AM designed with purpose.

Psalms 139:16 · Ephesians 1:11

I AM known by God before I was formed in the womb.

Jeremiah 1:5 · Psalm 139:13

I AM fearfully and wonderfully made. This is not flattery. This is fact.

Psalms 139:14

I AM His workmanship, created for good works ordained before I was born.

Ephesians 2:10

I AM a new creature. Old things are passed away — all things are become new.

2 Corinthians 5:17

I AM complete in Him — nothing missing, nothing broken.

Colossians 2:10

I AM the temple of the Holy Spirit.

1 Corinthians 6:19

I AM a living soul — spirit first, clothed in flesh. The body is the tent, not the tenant.

Genesis 2:7 · 2 Corinthians 5:1

I AM called a son of God — not someday. Now.

1 John 3:1-2

I AM the salt of the earth. I AM the light of the world.

Matthew 5:13-14

I AM loving. Love is not what I manufacture — it is what I AM, because He first loved me.

1 John 4:19 · 1 John 4:8

I AM free indeed.

John 8:36

III. I Am a Creator

Read Genesis 1 in the order it was written.

The first thing God reveals about Himself is not that He is holy, or eternal, or almighty. Those come later. The first thing He tells you is that He creates. “In the

beginning God created.” That is the opening line of the entire revelation — the trait He leads with.

Then, twenty-six verses later, He makes man in that image.

You do not get to skip the implication. If the defining attribute God introduces first is creation, and you are made in that image, then creating is not a hobby you picked up. It is stamped into what you are. Every man is producing something with his words, his imagination, and his attention — every single day. The only question is whether he is doing it on purpose.

Note the small c. You are a creator in His image, not the Creator. That distinction is not a hedge — it is the difference between dominion and the oldest lie in the book: “ye shall be as gods.” Keep the power. Leave the title where it belongs.

I AM a creator, because I AM made in the image of the Creator.

Genesis 1:1 · Genesis 1:26-27

I AM a labourer together with God.

1 Corinthians 3:9

I AM speaking of what is not yet as though it already is — after the pattern of the God who calleth those things which be not as though they were.

Romans 4:17 · Mark 11:23

I AM fruitful. I AM a multiplier. What He puts in my hand multiplies.

Genesis 1:28 · Matthew 25:21

I AM responsible for what I imagine, because imagination is the workshop.

Proverbs 23:7 · Genesis 11:6

I AM a builder. I create value wherever I go.

Proverbs 14:23 · Colossians 3:23

I AM building something that outlives me. A good man leaveth an inheritance to his children's children.

Proverbs 13:22 · Psalm 112:2

IV. What God Promised Me

You do not negotiate for these. They were settled before you had an opinion about them. Your only job is to stop arguing with the paperwork.

I AM chosen — a royal priesthood, called out of darkness into His marvellous light.

1 Peter 2:9

I AM chosen in Him before the foundation of the world.

Ephesians 1:4

I AM an heir of God and a joint-heir with Christ.

Romans 8:17 · Galatians 4:7

I AM the head and not the tail. I AM above only, and not beneath.

Deuteronomy 28:13

I AM blessed coming in and blessed going out.

Deuteronomy 28:6

I AM redeemed from the curse of the law.

Galatians 3:13

I AM delivered from the power of darkness.

Colossians 1:13

I AM seated in heavenly places in Christ Jesus.

Ephesians 2:6

I AM kept in perfect peace, because my mind is stayed on Him.

Isaiah 26:3

I AM the righteousness of God in Christ.

2 Corinthians 5:21

I AM a lender and not a borrower.

Deuteronomy 28:12

I AM promised wisdom when I ask in faith.

James 1:5-6

I AM promised understanding when I seek it with my whole heart.

Jeremiah 29:13 · Proverbs 2:3-5

I AM blessed with every spiritual blessing in heavenly places.

Ephesians 1:3

I AM forgiven. I AM free. I AM loved.

Romans 8:1 · John 8:36 · Romans 8:39

V. Certainty

Ask a man what he is certain about and watch him stall.

Not because he is certain of nothing. Because no one ever made him look. He has spent his life certain about the wrong things — certain the economy will turn, certain the diagnosis is final, certain people will disappoint him — and never once inventoried what actually cannot move.

If you sat down right now and could not name one thing you are certain of, that is not a character flaw. That is the whole problem in one sentence. Certainty is not a feeling you generate. It is a list you build. Start with what cannot change, and it does not matter whether you feel it today.

A principle cannot lie. That is what makes it a principle.

I AM certain. Nothing happens TO me. All things work together for good to them that love God.

Romans 8:28

I AM standing on a principle that cannot lie. God is not a man, that He should lie — it is impossible for God to lie.

Numbers 23:19 · Titus 1:2 · Hebrews 6:18

I AM sowing deliberately, because the law of the harvest does not negotiate. Whatsoever a man soweth, that shall he also reap.

Galatians 6:7

I AM reaping a harvest that serves me, because I chose the seed.

Galatians 6:8 · Proverbs 11:18

I AM certain that seedtime and harvest shall not cease.

Genesis 8:22

I AM certain His word does not return void.

Isaiah 55:11

I AM certain He does not change, and neither do His promises.

Malachi 3:6 · Hebrews 13:8

I AM certain nothing can separate me from the love of God.

Romans 8:38-39

I AM not moved by what I see. The things which are seen are temporal; the things which are not seen are eternal.

2 Corinthians 4:18

VI. Confidence — Six Domains

Confidence is not one switch. It is six.

A man can be certain God is good and still lie awake over money. He can trust God with his eternity and not trust Him with his business. That is not hypocrisy — it is just an unexamined map. Most people have never gone domain by domain and asked where the confidence is actually missing.

Go through these six slowly. The one that catches in your throat is the one to speak the most.

I AM confident in business. The blessing of the Lord, it maketh rich, and He addeth no sorrow with it.

Proverbs 10:22 · Deuteronomy 8:18

I AM confident in my health. By His stripes I AM healed.

Isaiah 53:5 · 3 John 2

I AM confident in my finances. I AM a faithful steward — I lend and do not borrow.

Deuteronomy 28:12 · Luke 16:10

I AM confident in His promises. There failed not ought of any good thing He hath spoken.

Joshua 21:45 · 2 Corinthians 1:20

I AM confident in His protection. No weapon that is formed against me shall prosper.

Isaiah 54:17 · Psalm 91:1-2

I AM confident that I hear God. My sheep hear my voice, and I know them, and they follow me.

John 10:27 · Isaiah 30:21

VII. The Mind

This is the actual battlefield. Everything else in this book is downstream of it.

I AM the gatekeeper of my own mind. I bring every thought into captivity to the obedience of Christ.

2 Corinthians 10:5

I AM not conformed to this world. I AM transformed by the renewing of my mind.

Romans 12:2

I AM clear-minded. God has given me a sound mind.

2 Timothy 1:7

I AM fearless. God hath not given me the spirit of fear, but of power, and of love.

2 Timothy 1:7 · 1 John 4:18

I AM single-minded. A double minded man is unstable in all his ways — I AM not that man.

James 1:8 · James 1:6

I AM guarding the gate. I keep my heart with all diligence, for out of it are the issues of life.

Proverbs 4:23

I AM unoffendable. Great peace have they which love thy law, and nothing shall offend them.

Psalms 119:165

I AM thinking on whatsoever things are true, honest, just, pure, lovely, and of good report.

Philippians 4:8

VIII. Discernment

I AM discerning. My senses are exercised to discern both good and evil.

Hebrews 5:14

I AM a truth-teller. I know the truth, and the truth maketh me free.

John 8:32 · Ephesians 4:15

I AM free from the fear of man. The fear of man bringeth a snare — I AM not snared.

Proverbs 29:25 · Galatians 1:10

I AM watchful. I AM not ignorant of his devices.

2 Corinthians 2:11 · 1 Peter 5:8

I AM proving all things and holding fast that which is good.

1 Thessalonians 5:21

IX. Patterns

Read them, build to them, set them. Nothing about the system you were born into is new — which means it is legible, and a legible thing can be answered.

I AM a reader of patterns. There is no new thing under the sun — I see the thing that hath been.

Ecclesiastes 1:9-10 · Ecclesiastes 3:15

I AM a builder to the pattern. I make all things according to the pattern shewed to me in the mount.

Exodus 25:40 · Hebrews 8:5

I AM a setter of patterns. In all things shewing a pattern of good works — for those who come after me.

Titus 2:7 · 1 Timothy 4:12

X. Wisdom and Understanding

I AM wise. I seek wisdom above riches, and it is given to me.

Proverbs 8:11 · James 1:5

I AM found by wisdom. She crieth at the gates, and I answer.

Proverbs 1:20-21 · Proverbs 8:1-4

I AM sought by wisdom, and those that seek her early shall find her. I seek early.

Proverbs 8:17

I AM understanding. With all my getting, I get understanding, and I apply it with discernment.

Proverbs 4:7 · Proverbs 3:13

I AM taught by the Holy Spirit. I have the mind of Christ.

John 14:26 · 1 Corinthians 2:16

I AM teachable. Give instruction to a wise man, and he will be yet wiser. I remain a student no matter how much I know.

Proverbs 9:9 · Proverbs 1:5

XI. Who I Am in Character

Identity is not only what God did. It is what you have become in His image — and character is the part you can hear in a man's voice before he tells you anything about himself.

WORD

I AM a good communicator. He made my mouth, and He teaches me what I shall say.

Exodus 4:11-12 · Luke 21:15

I AM understood, because I speak to be understood and not to be admired.

1 Corinthians 14:9 · Colossians 4:6

I AM a great listener — swift to hear, slow to speak, slow to wrath.

James 1:19 · Proverbs 18:13

I AM careful with my words. Death and life are in the power of the tongue, and I choose life.

Proverbs 18:21 · Matthew 12:37

I AM truthful and trustworthy. My word is my bond — people can depend on my character without a contract.

Matthew 5:37 · Psalm 15:4

WILL

I AM a leader. I lead with clarity, conviction, and compassion.

1 Timothy 4:12 · Proverbs 11:14

I AM courageous. I AM strong and of a good courage — I do not shrink back from what must be done, and I face uncertainty with faith, not fear.

Joshua 1:9 · Hebrews 10:38-39

I AM decisive. I gather wisdom, then I act without hesitation.

Proverbs 21:5 · James 1:8

I AM focused. I do not chase every opportunity — I pursue my assignment.

Philippians 3:13-14 · Proverbs 4:25

I AM disciplined. I govern my mind, my time, and my actions.

1 Corinthians 9:27 · Proverbs 25:28

I AM diligent. The hand of the diligent maketh rich, and shall bear rule.

Proverbs 10:4 · Proverbs 12:24

I AM faithful. I finish what I start and I keep my commitments, even when it costs me.

Psalm 15:4 · Luke 16:10

I AM resilient. A just man falleth seven times and riseth up again. I get back up.

Proverbs 24:16 · Micah 7:8

HEART

I AM generous. I give freely, because I trust the Source.

2 Corinthians 9:7 · Proverbs 11:25

I AM patient. I understand that God's timing is perfect.

James 5:7-8 · Ecclesiastes 3:11

I AM grateful. I count what I have, not what I lack.

1 Thessalonians 5:18 · Psalm 103:2

I AM humble. Every good thing comes from above.

James 1:17 · 1 Peter 5:6

I AM kind. Strength and gentleness are not opposites — His gentleness hath made me great.

Ephesians 4:32 · Psalm 18:35

I AM a protector. I guard my family, my mind, and my calling.

1 Timothy 5:8 · Proverbs 4:23

I AM a steward. Everything I have belongs to God, and I manage it well.

Luke 16:10 · 1 Corinthians 4:2

I AM blessed to be a blessing. What flows to me flows through me.

Genesis 12:2 · 2 Corinthians 9:8

XII. Health and Joy

I AM healthy in body, mind, and spirit. My body is the temple of the Holy Spirit.

1 Corinthians 6:19 · 3 John 2

I AM strong. I AM whole. By His stripes I AM healed.

Isaiah 53:5 · Joel 3:10

I AM honouring God with my body.

1 Corinthians 6:20

I AM happy — for happy is that people, whose God is the Lord.

Psalm 144:15 · Proverbs 3:13

I AM full of joy, and the joy of the Lord is my strength.

Nehemiah 8:10

XIII. What I Stand On

I AM victorious in every circumstance. Thanks be to God, which giveth me the victory.

1 Corinthians 15:57

I AM an overcomer. Greater is He that is in me than he that is in the world.

1 John 4:4

I AM more than a conqueror through Him that loved me.

Romans 8:37

I AM strong in the Lord and in the power of His might.

Ephesians 6:10

I AM defined by what God says about me today — not by what was said over me before.

Isaiah 43:18-19 · 2 Corinthians 5:17

I AM anchored in faith, unmoved by fear, doubt, or the opinions of men.

Hebrews 6:19 · Proverbs 29:25

I AM at peace. I cast my cares on Him, because He careth for me.

1 Peter 5:7 · Philippians 4:7

I AM accompanied. He is with me always, even unto the end of the world. He will never leave me nor forsake me.

Matthew 28:20 · Hebrews 13:5

I AM enough — not of myself. My sufficiency is of God.

2 Corinthians 3:5 · 2 Corinthians 12:9

XIV. The Midday Reset

When the world presses in, when the pressure rises, when the old pattern pulls — stop and reset.

Every line here is stated in the positive, on purpose. See the worksheet at the back for why that matters more than it sounds.

I AM anchored in Christ.

Hebrews 6:19

I AM steady. My peace holds regardless of the hour.

Isaiah 26:3 · Philippians 4:7

I AM calm. Perfect love casteth out fear.

1 John 4:18

I AM greater than this moment, because greater is He that is in me.

1 John 4:4

I AM operating from identity.

Colossians 3:3

I AM choosing alignment.

Proverbs 3:5-6

I AM returning to who I AM.

XV. Evening

I AM grateful for this day. This day was a gift.

Psalms 118:24

I AM thankful for God's forgiveness.

Lamentations 3:22-23

I AM releasing what does not serve my purpose.

Philippians 3:13

I AM forgiving — myself and others.

Ephesians 4:32

I AM resting in His finished work. I do not have to finish it myself.

Hebrews 4:9-10

I AM ready for tomorrow, because I know who I AM.

XVI. The HAVE — Authority Follows Identity

When you BE who God made you to be, and DO from that identity, what do you HAVE? Authority. Not before. After.

I HAVE the authority to be fruitful and to multiply — not greed, but the fruit of alignment.

Genesis 1:28

I HAVE the authority to replenish — not busy work, but divine contribution.

Genesis 1:28

I HAVE the authority to subdue — bringing chaos into order.

Genesis 1:28

I HAVE dominion — not domination, but authority that comes from identity.

Genesis 1:26 · Psalm 8:6

XVII. Worksheet — Negative Creation

Everything to this point was the declaration. This last part is the audit.

THE WORD NOT DOES NOT CANCEL ANYTHING

Say “do not think about a red door.”

You just saw a red door. The instruction to not see it was delivered in the same breath as the picture of it, and the picture is the part that lands. The word NOT is a grammar function. Imagination does not run on grammar — it runs on images.

This is why so much sincere self-talk fails. A man under pressure says “I am not stressed” eleven times and gets more stressed, and concludes the whole practice is nonsense. It is not nonsense. He was rehearsing the word STRESS eleven times and attaching his own name to it.

Earlier in this exhibit you read that imagination is the workshop. This is the other half of that. Whatever you hold there gets built, and the workshop does not check whether you meant it.

HOW THIS EXHIBIT WAS CORRECTED

An earlier draft of the Midday Reset read like this:

~~*I AM not this circumstance.*~~

~~*I AM not this fear.*~~

~~*I AM not this stress.*~~

Every one of those is well-intentioned and wrong. Spoken in the middle of a hard afternoon, they put the words CIRCUMSTANCE, FEAR, and STRESS into a man's mouth and pin his identity to them. He walks away having declared the problem three times.

They were replaced with positives that make the same claim without naming the thing:

I AM anchored in Christ.

I AM steady. My peace holds regardless of the hour.

I AM calm. Perfect love casteth out fear.

THE RULE

A denial is allowed when it refutes a lie somebody else handed you — “I AM not an accident” answers an accusation you did not write. It is dangerous when it names the state you are standing in right now, because you cannot deny a thing without first rehearsing it.

So the working rule is simple:

Never end on the negative. If you must name the lie, name it once and finish on the truth.

“I AM not a mistake — I AM designed with purpose.” The last thing in the room is what stays.

CATCH IT. STOP IT. REPLACE IT.

When you speak a negative declaration over yourself, you are cursing God's creation. You are His workmanship. Below are the common ones and their replacements. Blank rows follow — fill them with the exact sentences you catch yourself saying, in your own words. The ones you write yourself are the ones that matter.

What I catch myself saying	What I say instead
<i>I AM so stupid.</i>	I AM learning. I AM growing. God is not finished with me.
<i>I AM a failure.</i>	I AM more than a conqueror. This setback is not my identity.
<i>I AM worthless.</i>	I AM God's masterpiece, chosen before the foundation of the world.
<i>I AM never going to change.</i>	I AM a new creature. Old things are passed away.
<i>I AM stuck.</i>	I AM free indeed. No weapon formed against me shall prosper.
<i>I AM broke.</i>	I AM a faithful steward, and the blessing of the Lord maketh rich.
<i>I AM exhausted.</i>	I AM renewed. They that wait upon the Lord shall renew their strength.
<i>I AM not qualified for this.</i>	I AM qualified by the blood of Christ. What God has called clean is clean.
<i>I AM too old for this.</i>	I AM bearing fruit in old age. They shall be fat and flourishing.
<i>I AM not sure about anything.</i>	I AM certain. The principle cannot lie.

Carry this page for one week. Write down every sentence you catch. Most men are stunned by how short the list is — the same four or five lines, running on a loop, since childhood. You cannot close a gate you have never located.

The Bottom Line

I can do all things through Christ which strengtheneth me.

Philippians 4:13

I AM more than a conqueror through Him that loved me.

Romans 8:37

I AM enough.

2 Corinthians 3:5

This is not what I am trying to become.

This is what I already am.

BE His image — identity established.

DO from that identity — actions aligned.

HAVE the authority to multiply, replenish, subdue, and exercise dominion.